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CONRAD ARNOLD ELVEHJEM 1901—1962

A Biographical Memoir by R. H. BURRIS, C. A. BAUMANN, AND VAN R. POTTER

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Biographical Memoir

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CONRAD ARNOLD ELVEHJEM

May 27, 1901–July 27, 1962

BY R. H. BURRIS, C. A. BAUMANN, AND VAN R. POTTER

THE WORK OF CONRAD ELVEHJEM — a major contributor to the golden era of nutritional research—touched most aspects of animal nutrition, advancing, in particular, our understanding of the B vitamins, the phenomenon of amino acid imbalance, and the identification of trace minerals needed in the diet. Elvehjem made the major discovery that nicotinic acid functions as the antipellagra vitamin.

Elvehjem was also a superb administrator, an efficient man who channeled his great energy with seemingly little effort. On the local scene he served the University of Wisconsin as chairman of the Department of Biochemistry, dean of the Graduate School, and, finally, as president of the University. On the national level he helped make policy decisions concerning the level of vitamins and other nutrients required for health. The implementation of his cure for pellagra was international in scope.

EARLY YEARS

Conrad Elvehjem was born in 1901 to Ole Johnson Elvehjem and Christine Lewis Elvehjem on a modest farm near McFarland, Wisconsin. In this primarily Norwegian area (May 17 is still celebrated as Norwegian Independence Day in Stoughton), Elvehjem grew up and attended high

school. He would spend his adult life within a few miles of his birth place, for Madison's capitol building is visible from the farm.

The Elvehjem children were expected to do their share of the farm chores, and—while there was little time for nonsense—education was encouraged. In those days Wisconsin farm boys usually did not go to high school and college, but his family made sure he was able to do so. In 1919, Elvehjem enrolled in the University of Wisconsin's College of Agriculture, already recognized for its research in agricultural chemistry, genetics, plant pathology, and bacteriology. Elvehjem majored in agricultural chemistry, a field in which Babcock, Hart, Steenbock, McCollum, and Peterson had all done, or were doing, meritorious work at Madison. He did his undergraduate research under the direction of Harry Steenbock and wrote his senior thesis jointly with W. P. Elmslie on "buckwheat itch," a light-induced disturbance in animals.

As to Elvehjem's early motivation in the choice of his career, in 1957 he answered a thirteen-year-old boy who had questioned him on this subject as follows: "I chose the field of biochemistry because as a youngster I was interested in what made plants grow and develop. I was very intrigued by the rapid growth of the corn plant, and I was interested in knowing what reactions took place within the plant to allow such rapid growth." Of his achievements, he said: "My achievements cover work on many of the B vitamins-including the isolation and identification of nicotinic acid as the antipellagra factor, also work on a number of trace mineral elements showing that they have specific functions in nutrition and metabolism. I also pioneered in work demonstrating the relationship between vitamins and enzymes. Today I am more interested in amino acids in nutrition." It never occurred to him, apparently, to mention his many administrative successes!

In 1923 Elvehjem began graduate work as a teaching as-

sistant under Professor E. B. Hart, his major professor until he received his Ph.D. degree in 1927. In 1924 he published his first paper with Hart and Steenbock on dietary factors influencing calcium metabolism (1924,1). But his graduate work centered mainly on iron deficiency in rats, including a demonstration that copper must accompany iron in the diet to cure this type of anemia.

Hart's encouragement of Elvehjem during his student days is just one example of his remarkable capacity to pick winners. This was before the period when talented students were being attracted to agricultural chemistry in large numbers, yet Hart had staffed his small department with a remarkable group of investigators. He supported them through administrative difficulties, had a building constructed for their teaching and research, and offered them whatever he could given the limited resources available at that time. As long as Hart lived, he and Elvehjem worked together on many joint research projects. Indeed, approximately half of Elvehjem's long list of publications contains Hart's name as well.

On June 30, 1926, Elvehjem married Constance Waltz, a journalism student at the University of Wisconsin and the daughter of a Rockford, Illinois, dentist. This was a happy union, and the two Connies—called Mr. Connie and Mrs. Connie by their friends—complemented each other. He was relatively quiet, while she bubbled with enthusiasm, meeting people easily with charm and grace. She was a source of strength to her husband throughout all stages of his career, and most particularly when he held administrative positions.

From 1927 to 1929, after receiving his Ph.D. degree, Elvehjem held an instructorship in agricultural biochemistry. In 1929, he received a National Research Council Fellowship to study in the biochemistry laboratories at Cambridge University, England.

This was the only substantial period in his career that

Elvehjem spent away from Madison, and he and Mrs. Connie took full advantage of it. As Elvehjem himself described it, they arrived in England, took a guided tour through London that allowed him to spot the laboratories he wanted to visit later, searched for housing in Cambridge, and met Dr. and Mrs. C. G. King—kindred souls with whom they would share many experiences. According to Elvehjem, the Biochemistry Department at Cambridge was a lively spot in 1929 and 1930, and he describes Sir Frederick Hopkins' lively welcome back as the recently announced recipient of the Nobel Prize.

At Cambridge Elvehjem worked under the tutelage of Dr. David Keilin, who was then busy with the cytochromes and the role of iron in cytochrome c. Copper and iron in cytochrome oxidase were of particular interest to Elvehjem, whose own work had shown that animals deficient in copper were also deficient in cytochrome oxidase. By the 1930s, a role for copper in cytochrome oxidase was widely accepted.

At Wisconsin Elvehjem had studied nutritional anemia in rats on a diet very low in iron (viz., milk). The addition of relatively large amounts of inorganic iron salts to such milk failed to prevent this type of anemia. Testing crude materials protective against anemia—and later the ash of those most potent for supplementing iron in a milk diet—Elvehjem, Steenbock, Hart, and Waddell found that traces of inorganic copper were necessary for the incorporation of iron into hemoglobin, even though hemoglobin contains no copper. In this way, the idea of catalysis in life-processes was brought forcibly to Elvehjem's attention.

Elvehjem later published two papers on his work at the Biochemical Laboratory in Cambridge with acknowledgments to Hopkins "for his interest and advice" and to Keilin "for many helpful suggestions." The first, "Factors Affecting the Catalytic Action of Copper in the Oxidation of Cysteine" (1930,1), clearly derived from a project suggested by Keilin.

The second, "The Role of Iron and Copper in the Growth and Metabolism of Yeast" (1931,1), contained observations that, though yeast contains no hemoglobin, its respiration requires iron-containing pigments; and that copper increases the levels of cytochrome *a*, presumably cytochrome oxidase. Both studies gave Elvehjem experience with manometric techniques, and he spent a busy year visiting laboratories, doing research on several problems, and aiding in a laboratory course.

RETURN TO WISCONSIN

At Cambridge, Elvehjem—in the forefront of nutrition research—worried less about finding new vitamins than about understanding how these substances functioned in the metabolism of the living cell. He developed a new research strategy—parallel studies on respiratory enzymes and on deficiency-producing diets, especially designed to be assayed for new growth factors and trace elements. This new methodology would further allow him to isolate the new substances and determine their action. He was, therefore, particularly intrigued by the Barcroft respirometer. This instrument permitted accurate measurements of oxidative enzymatic activity with small samples of tissue, enabling researchers to define differences in the responses of normal versus deficient tissue and the responses of deficient tissue to added compounds.

While he was away, Elvehjem maintained a correspondence with Hart, and their exchange of letters concerning salary is interesting. On April 23, 1930, Hart wrote Elvehjem:

"I understood today that the Board of Regents had passed the budget which appoints you as an Assistant Professor at \$3,000 for the academic year. You ought to be very happy over this because it was very difficult to get an increment of \$600 for you in the present state of Wisconsin finances. You are young, and with summer pay and gradual increments, and an opportunity for research the position you will hold with us ought to be very attractive."

Elvehjem to Hart, May 16, 1930:

"I was glad to have your letter and to learn that there would be a job waiting for me when I return. . . . I can't say that I am exceedingly happy over the salary but we can talk about that later. What I am wondering about now is, if you will buy a Barcroft for me. If we are going to continue to work on the minor inorganic elements it will come in very handy. In fact there are a thousand things to do in regard to the catalytic action of copper before leaving it in favor of other elements."

Hart agreed to let Elvehjem purchase his device, and he brought a set of respirometers back with him on his return to Wisconsin. In Madison it soon became a treasured possession, and each noninterchangeable flask was carefully guarded. The Potter-Elvehjem homogenizer remains still to remind investigators of the days when Elvehjem was actively studying respiratory enzymes. Elvehjem immediately put his Barcroft respirometer to good use studying the respiration of minced tissues from normal and from vitamin-deficient experimental animals. He also continued his joint researches with Professor Hart and a number of students on the mineral requirements—zinc, manganese, and molybdenum—in the rat, chicken, dog, and pig and began a large program on the vitamin B complex, a relatively neglected area at Wisconsin at that time.

In the early 1930s techniques available for nutritional studies left much to be desired. Deficient diets were usually lacking to varying degrees in more than one essential, and curative preparations contained a number of different vitamins. A typically crude (but useful) method of producing deficiencies was to damage a mixed diet with dry or moist heat, destroying vitamins differentially. The sources used for growth factors were yeast, milk, liver, or fractions of liver left

over from the commercial preparation of extracts for the treatment of pernicious anemia. "Success" meant restoration of the growth rate—by means of a supplemented diet—that had decreased on a defective diet.

Elvehjem's approach was similar to that of others working on the B vitamins except that his graduate students worked simultaneously on different growth factors or with different species, so that when one achieved a preparation active against his particular deficiency, others could test a similar preparation for those deficiencies that were their own primary concern. This insured quick determination of the effects of a given concentrate on the various deficiencies under study.

NICOTINIC ACID

Elvehjem was particularly skillful in coordinating experiments and cross-checking results, and he was never timid about postulating the existence of new growth factors. One of these, "Factor W," represented what, in addition to the established B vitamins, remained in a liver concentrate. His recognition of nicotinic acid as the antipellagra principle was typical of his thoroughness and his ability to combine information gleaned from various sources, with data produced by his own students, and of his active collaboration with academic and commercial colleagues.

In 1912, exactly twenty-five years before nicotinic acid's true status as a vitamin was established, Casmir Funk—in one of the more curious twists of nutritional history—attempted to cure a vitamin deficiency by feeding it to polyneuritic birds. The results were unexciting. The substance came into its own as an important biochemical, however, in 1936, when Warburg and Christian identified it as one of the components of "coferment" (NADP). Discovery of its presence in cozymase (NAD) followed quickly. About the same time, several

investigators reported it to be essential for the growth of certain microorganisms. Elvehjem and Douglas Frost, feeding nicotinic acid to rats deficient in "Factor W," reported a slight growth response, though much less than that obtained with crude liver preparations.

The isolation of nicotinic acid came about primarily through the fractionation of liver extracts. By means of successive solvent extractions, Carl Koehn had converted 400 grams of liver extract to 2.5 grams of a powder active against canine black tongue. Robert Madden achieved further concentrations by means of adsorption on an appropriate charcoal. Elvehjem had for some time been receiving liver extracts for these studies from the Wilson and Abbott Laboratories. Then Dr. Rhodehamal of the Eli Lilly Company, working according to the Koehn and Elvehjem procedure, furnished a concentrate from seventeen kilograms of liver. The next big step was Frank Strong's sublimation of this concentrate in a molecular still. Almost immediately Wayne Woolley obtained crystals from the distillate and, on Karl Link's microapparatus, H. Campbell determined the percentages of C, H, and N.

The response to these crystals in deficient dogs was dramatic, and the correlation between the analytical values and the theory for nicotinamide was close enough to lead Woolley to take a mixed melting point and perform the appropriate characterization reactions—all in a matter of a few days. Synthetic nicotinic acid and amide were then fed to other dogs and found to be highly active.

The research community lost little time in applying these results to human pellagra. Elvehjem's first published notice of his laboratory's findings appeared in September 1937, in a "letter to the editor" of the *Journal of the American Chemical Society*. Van Potter, who shared an office with him at the time, recalls that Elvehjem sent telegrams to a number of clinical

investigators interested in pellagra—including Tom Spies. Before the end of 1937, Elvehjem's results with dogs had been confirmed by six independent investigators. By the time his more complete paper on the subject appeared in 1938, it was possible to add the following: "Spies has used nicotinic acid in four cases of classical pellagra and reports (personal communication) that the fiery red color associated with pellagrous dermatitis, stomatitis, and vaginitis improved promptly." The Wisconsin paper (1938,1) not only summarized the known biochemical facts on nicotinic acid, it even expressed concern about possible toxicity in its application!¹

THE B VITAMINS AND AMINO ACIDS

Nicotinic acid, however, was not the only B vitamin to occupy Elvehjem and his research team. As his list of publications shows, his laboratory investigated every B vitamin at one time or another, though occasionally under a different name until its true nature was established. The clarification and disentanglement of the B complex occupied many investigators worldwide for years, during which the Elvehjem group made substantial contributions to our present understanding. But the latter years of his laboratory career were spent on amino acids, an interest that had grown out of the pellagra problem.

Pellagra occurred in areas where people consumed inadequate diets high in corn, and Elvehjem's studies on black tongue in dogs also involved a diet high in corn. The diets used for studies of the B complex in rats and chicks, on the

¹ Because of Elvehjem's generosity in disseminating his laboratory's findings widely, the medical implications of nicotinic acid in the treatment of pellagra became apparent almost immediately. On January 22, 1938, Tom Spies's November 5, 1937, report of his own experiments to the Central Society for Clinical Research was the subject of an editorial in the Journal of the American Medical Association. For his dramatically successful use of nicotinic acid to treat pellagra in humans, Time magazine named Spies 1938's "Man of the Year."

other hand, were so-called "semisynthetic"—usually based on casein, starch, sugar, etc. Rats fed this diet never developed nicotinic acid deficiency, nor did administration of nicotinic acid improve their growth. But when corn was used to replace forty percent of such a diet, growth was depressed and could be restored by supplements of nicotinic acid or of tryptophan—an amino acid that is relatively lacking in corn.

Further studies in a number of laboratories clarified the mechanism by which tryptophan is converted to niacin in the body. Working with A. E. Harper, Elvehjem carried out experiments on requirements for other amino acids that presaged an extensive investigation of amino acid imbalance an investigation that ceased, however, when he became president of the University.

The coenzyme connection to nicotinic acid (NAD and NADP) was important in motivating Elvehjem and Thorfin Hogness, of The University of Chicago, to organize a "Symposium on Respiratory Enzymes" in Madison on September 11–13, 1941, and one on "The Biological Action of the Vitamins," held at The University of Chicago on September 15–19. David H. Smith noted at the vitamin symposium that Elvehjem's observations on the relation of nicotinic acid to canine black tongue (published in the September issue of the *Journal of the American Chemical Society* [1937,4]) were verified promptly and extended to human pellagra by a number of investigators.

Subsequent to the spectacular conquest of pellagra, Elvehjem was invited to Cornell University Medical School to be interviewed for the chairmanship of the Department of Biochemistry—the only position outside of the University of Wisconsin he ever considered. A modest and humble man, Elvehjem had simple tastes and more than a touch of austerity. Potter recalls his dismay on entering their shared office one Saturday shortly after the Cornell trip to find Elvehjem

on his knees scrubbing the frayed maroon linoleum—last renewed during Stephen Moulton Babcock's earlier tenancy. Bob Burris, Connie's successor as department chairman, recalls only two occasions of being "chewed out" by him—once when he acquired a new office desk to replace Connie's old one, and once when he approved shifting the time of departmental seminar from 8 A.M. on Saturdays.

The attack on Pearl Harbor in December 1941, followed on the heels of Elvehjem and Hogness's joint symposia in September. As a member of the National Research Council's Food and Nutrition Board, Connie strongly recommended fortifying bread with vitamins on a national scale. Writing to Potter on August 17, 1983, Jean St. Clair, the archivist for the National Research Council, recalled the high regard Elvehjem enjoyed among his colleagues throughout the nation:

"[In] March, 1958 ... Dr. Elvehjem, Chairman of the Board, had sent word that he could not attend the Friday meeting but that he hoped to attend the dinner and the Saturday morning session. The appointment of Dr. Elvehjem to the presidency of the University of Wisconsin, effective July 1, had been announced at the Friday meeting, as had his decision that, under that circumstance, he would be unable to continue as chairman of the Board.

"The speaker for the dinner was George McGovern, Congressman from South Dakota, [who] had decided, via his membership on the House Committee on Education and Labor, to develop a guide to inform the American people on what to eat to be healthy.... The Board's plan was to listen to what he had to say, and then tactfully offer the Congressman its assistance.

"In Dr. Elvehjem's absence, Dr. Grace Goldsmith, vice chairman of the Board, had just introduced McGovern, who had delivered a sentence or two of his speech, when Dr. Elvehjem entered the room. Applause broke out and McGovern said, 'Well, I can't compete with that,' and sat down. A standing ovation followed for 'Connie' Elvehjem, not so much for his new assignment at Wisconsin as for himself as a person. It was a remarkable show of affection and respect.

"Dr. Elvehjem succeeded in restoring quiet. He reintroduced

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McGovern who, after his speech, had to leave for another appointment. It was just as well, because it turned out to be the wrong night for an outsider. I don't think the planners of the dinner meeting had anticipated what would happen if Dr. Elvehjem were to appear in the middle of the program, and it was evident that Elvehjem was surprised as well.

"At the close of the dinner session, Dr. Elvehjem was presented with a signed scroll which read: 'On the occasion of his movement into a new orbit, members and friends of the Food and Nutrition Board join in expressing to Conrad A. Elvehjem their appreciation of his scientific leadership, his sustained wisdom, his common sense, and his good humor as a member of the Board from its beginning, and as its chairman from 1955 to 1958.'"

In the years just prior to the discovery of the antipellagra vitamin and for many years thereafter, Elvehjem and Professor Perry Wilson conducted an enzyme seminar with their most interested students and colleagues. This bore fruit in the form of a manual on respiratory enzymes in which sixteen local Wisconsin students and faculty described the state of the field in the period just prior to the date of publication, 1939—a book that remains interesting for its historical introduction by Elvehjem.

In 1945 he attended a national "Conference on Intracellular Enzymes of Normal and Malignant Tissues" at Hershey, Pennsylvania. There he and Van Potter, his former student, discussed the fact that opportunities for postdoctoral study in Europe that had proved so important for Wisconsin biochemists in the past (Hart, Steenbock, Peterson, Link, Elvehjem, Johnson, Baumann, and Strong) would no longer be available to them in the immediate postwar years. The two hit on the idea of a postdoctoral training facility, and—with support from Dean W. S. Middleton of the Medical School, the Wisconsin Alumni Research Foundation, and from the Rockefeller Foundation—the Enzyme Institute became a reality.

Elvehjem traveled to St. Louis in an attempt to recruit Carl

F. Cori for the Institute, but Cori's timely (or untimely) receipt of the Nobel Prize made him impossible to move. Instead, David Green, who had a brilliant record at Cambridge and Columbia universities, was persuaded to become the new Enzyme Institute's first team leader.

Following its original plan, the Institute had several established investigators leading their own group of postdoctoral fellows. The second team leader recruited was Professor Henry Lardy, who moved from the Biochemistry Department to the Enzyme Institute, retaining his privilege of training Ph.D. candidates. Green and Lardy were subsequently named codirectors of the Institute, which was guided by an Enzyme Committee with the dean of the Graduate School (at that time, Elvehjem) as chairman *ex officio*.

PUBLIC SERVICE

Elvehjem's successful researches early in his career brought him many invitations to lecture and to join committees and learned associations.

He was a member of the Food and Nutrition Board from its inception until 1961. The Board, as a measure to improve the national food supply during World War II, developed guidelines for the fortification of foods with vitamins and minerals. It subsequently provided estimates of human nutritional requirements—the so-called "recommended dietary allowances"—that are now regarded as national standards.

Elvehjem was also an active member of the American Medical Association's Council on Food and Nutrition (1941– 1958) and served on advisory committees of the Nutrition Foundation and the National Science Foundation. In 1960 he was consultant to the President's Science Advisory Committee and president of the American Institute of Nutrition.

Elvehjem also received a number of honorary degrees. After his death, the American Institute of Nutrition created the Conrad Elvehjem Award to honor those of its members who were remarkable for their distinguished public service. The Wisconsin Alumni Research Foundation provided funds for an Elvehjem Professorship in the Life Sciences, first held by Gobind Khorana who, four years later, received the Nobel Prize.

UNIVERSITY ADMINISTRATION

A scientist at heart, Elvehjem early demonstrated his talents as an administrator managing a large research staff. He grasped concepts with remarkable speed, marshalled evidence pertinent to the problem, and reached logical conclusions without delay. As one rather slow-spoken faculty member remarked, "Connie answers your problem before you have completed stating your question." This is not to say that his conclusions were snap judgments-they were consistently sound and were respected considering his remarkable record for being right. He was also scrupulously honest in his dealings. Intrigue was foreign to him; he trusted his colleagues and they trusted him. On the assumption that he was dealing with reasonable people who were seeking solutions, he willingly used his remarkable perceptiveness and breadth of understanding to help formulate and implement those solutions.

Initially Elvehjem had done research with Harry Steenbock but then shifted to E. B. Hart's group. When Hart stepped down in 1944, after thirty-eight years as chairman of the Department of Biochemistry, Elvehjem was clearly the staff's choice to succeed him. As chairman, Elvehjem followed the pattern set by Hart and did not allow the job to overwhelm him. He treated trivia as trivia. He examined and solved substantive problems with minimal wasted effort. He delegated tasks, and people were pleased to aid so decisive a

man whom they admired. Although some were jealous of his uncanny ability to get things done, Connie had few enemies.

Elvehjem's scientific standing and administrative talents were widely recognized locally, and when the position of graduate dean came open, he was asked to fill it. When he accepted the challenge of the deanship, it was probably assumed that he would then relinquish the chairmanship of the Biochemistry Department. But biochemistry was home to Connie and the base for his research, and he carried both jobs. He still appeared daily at the Department well before 8:00 A.M. to make the rounds of the rooms and quiz his students on their latest observations. The mornings sufficed for administering the Biochemistry Department, maintaining a productive research program, and writing technical papers.

The afternoons were spent at the Graduate School office on the central campus. Elvehjem kept operations under control, and one heard no complaints that he was neglecting either biochemistry or the graduate deanship. This was the more remarkable in that Wisconsin's graduate biochemistry program was then the largest in the country and the leading grantor of Ph.D. degrees.

Administration at Wisconsin's Graduate School had long been dominated by people from the sciences, and other sectors of the University felt some trepidation when yet another scientist was selected as its head. Certainly there was nothing in Connie Elvehjem's background to suggest empathy with the arts and humanities. But as graduate dean, he made it his policy to channel flexible supporting funds to areas outside the hard sciences while continuing to support basic science with funds that could not be shifted. This policy reflected his inherent fairness and his clear perception that a university without breadth and balance could not be a great university. For some years, for example, the Graduate Dean and his Research Committee had administered a substantial block-grant from the Wisconsin Alumni Research Foundation. Under Elvehjem, more of this grant went to the Department of History than to Biochemistry—the department that had generated the patents from which ninety-four percent of the Foundation's funds (amplified by skillful investment) had come.

Elvehjem's concern for maintaining and enhancing his great university came through clearly during his tenure as president from 1958 to 1962. He encouraged the establishment of an Institute for Research in the Humanities and found funds for other efforts in the humanities and social sciences. He supported efforts to create a worthy art gallery, and though it came to fruition only after his death, it was named the Elvehjem Museum of Art.

Elvehjem's tenure as president was only four years, but it was a period of substantial change during which the University of Wisconsin-Milwaukee grew rapidly and gained new stature. Without dominating this growth, he helped guide it. Though the physical plant was expanded during his tenure, Elvehjem clearly felt that a great institution is built primarily on people. He encouraged the recruitment of promising scholars in a variety of fields.

President Elvehjem was stricken with a heart attack at his desk on the morning of July 27, 1962, at the age of sixty-one and died within the hour. Although he left tasks unfinished, he also left a great legacy of accomplishment and affection. The faculty memorial resolution on the death of Conrad Arnold Elvehjem catches the character of the man:

"Such basic traditions of the University as academic freedom, enthusiasm for the pursuit of truth, concern for the individual student, and service of the whole state were not only fostered but exemplified by him.... He could make allowances for weaknesses he did not share.... He even tried to understand the untidy desk but never quite succeeded.... Few men changed more than Elvehjem; yet few remained as constant. In his directness and honesty, in his unswerving devotion to high religious and moral standards, in his regard for the rights of others, in his complete dedication to learning and the University of Wisconsin as a home of learning, the undergraduate who became the president was the same man. Both humility and self-confidence were natural to him. He had an iron will which he used to control himself rather than others, a will which turned his natural impatience into an asset and drove his splendid brain from one accomplishment to another.

"For one of the constants of his character was the ability to grow. He could value what he did not himself savor. In the breadth of his sympathies, in the understanding of the foibles of others and of himself, in the appreciation of those of less talent, he grew at each stage of his career. What had been the tolerance of the specialist was at the close of his life ripening into genuine catholicity of interest."

AWARDS

- 1939 Mead Johnson Award, American Institute of Nutrition
- 1942 Grocery Manufacturers of America Award
- 1943 Willard Gibbs Award, American Chemical Society
- 1948 Nicholas Appert Medal, Institute of Food Technologists
- 1950 Osborne-Mendel Award, American Institute of Nutrition
- 1952 Lasker Award in Medical Research, American Public Health Association
- 1956 Charles Spencer Award, American Chemical Society
- 1957 American Institute of Baking Award

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